

How to Write a Self-Reflection

You will be expected to write a reflective essay at the end of each unit that shows your in-depth understanding about the work you are doing. Be honest and open in sharing your thoughts and opinions.

Step 1: Count the number of the assignments we have completed for this unit, and record it at the top of your reflection.

Step 2: Choose four pages from this unit that best supported the Big Aha in your unit thesis, two from the left side and two from the right side, and list them on your reflection below the assignment count.

Step 3: You will now be writing three paragraphs.

Paragraph 1: Write specific reasons for why you chose the four assignments that you listed.

Paragraph 2: Explain why these pages best support your unit thesis. Give specific examples.

Paragraph 3: What do these assignments reflect about your skills as a student? For example, you may write that they show that I am organized, I am good at analyzing, I was very thorough, creative, my information was very accurate, I made connections from one assignment to another, and so on. Make sure that you cite specific examples from the pages you listed.

Step 4: This will be Paragraph 4. In this paragraph, you will rate your own notebook. Use the rubric to rate your work as a 10, 9, 8, 7, 6, or 5. How do you think your notebook measures up and why? Use specifics from the rubric, and relate it directly to the pages you listed. (Use examples.)

Step 5: This will be Paragraph 5, the last paragraph of your reflection. Hurray! Answer the following questions:

- What information did you learn that was new to you? Give specific examples.
- How did your notebook help you in this unit? Again, be specific.
- How could you improve your notebook? Please explain.

Please type your final draft, and tape it as a flip page in your interactive notebook as specified by your teacher.